



For Immediate Release
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Haven's Military Services Division Provides Education on Treating Military Sexual Trauma (MST) at 2015 Symposium

Pueblo, CO (October 27, 2015) – Haven Behavioral Healthcare is hosting a symposium on **Thursday, November 12 from 9 a.m. to 4:30 p.m.**, to educate behavioral healthcare providers on best treatment practices for individuals who have been sexually abused while serving in or supporting our armed services. The theme of this year's symposium is "Military Sexual Trauma: Moving beyond stigma, building treatment solutions."

Military Sexual Trauma (MST) is a high profile social issue that is a source of considerable stress and pain affecting a growing number of our service personnel, both men and women. The US Department of Veteran Affairs describes MST as "sexual assault or repeated threatening sexual harassment that occurred...in the military." This significant trauma includes a range of unwanted sexual activity ranging from verbal assaults and touching to violent rape. Additionally MST can involve situations where an individual either feels pressured to give sexual favors in exchange for better treatment or a promotion. It can extend to social situations in which an individual is intoxicated or drugged.

Lori S. Katz, Ph.D., a specialist in the treatment of MST, will be the keynote speaker. In the morning session, Dr. Katz will be presenting Holographic Reprocessing, which is a cognitive-experiential treatment for trauma. This session will focus on treatment and intervention strategies for victims of MST and other military-related traumas.

Warrior Renew, an evidence-based intervention for those impacted by MST, will be presented in the afternoon by Dr. Katz. This training will focus on implementing the **Warrior Renew** model, as well as developing effective community partnerships in the interest of service members. Dr. Katz' **Warrior Renew** model has received national attention and has been featured in the *New York Times* and an Emmy-winning PBS documentary.

The 2015 Symposium on Military Sexual Trauma will be held on **Thursday, November 12 from 9 a.m. to 4:30 p.m. at the DoubleTree Hotel, 1775 East Cheyenne Mountain Boulevard, Colorado Springs, CO, 80906**. For more information on the Symposium or to register, please Lani Gendron at 719-640-5445, lgendron@havenllc.com or visit MSTHELP.com.

For information on the services available at Haven Behavioral Healthcare's Military Services Division, please call 719-546-6000, toll free at 1-855-WARHERO or online at www.pueblo.havenbehavioral.com.

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